



National Institute of Naturopathy is involved in training students from various backgrounds and imparting skill development in various therapies that support each student's professional and personal goals. These courses (Acupressure, Naturopathy therapies, Naturopathy cooking) are mostly intended for self-help to take care of one's own health and their family members. These courses are developed as a motto for "Self health reliance" and take forward the goal of the World Health Organization of sustainable health for all. Courses like (Massage, Fitness training and Yoga) are intended to support oneself professionally.

Classes will be conducted by qualified Naturopathy and Yoga physicians.

<b>Course Number</b>	<b>Topic</b>	<b>Duration</b>	<b>Fees in INR</b>
<b>001</b>	Certificate course in Naturopathy Cooking	1 Month	5,000
<b>002</b>	Certificate course in Massage Techniques	6 Months	15,000
<b>003</b>	Certificate course in Acupressure	2 Weeks	2,500
<b>004</b>	Intense Yoga Training (IYT) Program	4 Months (200 Hours)	25,000

005	Certificate course in Hydro, Chromo and Mud Therapy	1 Month	5,000
006	Certificate course in Fitness Training (Medi Gym)	1 Month	10,000
007	Certificate course in Mental Wellbeing	1 Month	5,000
008	Certificate course in Lifestyle Management	1 Month	5,000

**N.B.: Course Fees for Foreigners/NRI's will be charged 3 times of the INR. New batch commencement schedule with class timings shall be conveyed via email. The trainee students shall be required to be in the campus for time span of 1 hour to 3 hours depending on the course(s) opted.**

**Certification:** Based on assessment of the Course Coordinator, certificate will be issued at the end of the course.

**For more information kindly contact us:** [stc.ninpune@gmail.com](mailto:stc.ninpune@gmail.com)

NIN office phone nos.: 020-26059682 / 3 / 4 / 5 (between 10 am and 5 pm)



राष्ट्रीय प्राकृतिक चिकित्सा संस्थान, पुणे  
National Institute of Naturopathy, Pune  
Ministry of AYUSH, Govt. of India

S. No.:

**Application form for short term / skill development training courses**

**Name:** .....

**Age:** .....

**Sex:** .....

**Address:** .....

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**Phone No.:** .....

**Email ID:** .....

**Qualification:** .....

**Occupation:** .....

**Course opted:** Acupressure / Hydro, Chromo & Mudtherapy / Massage Techniques / Fitness Training

(Medi Gym) / Naturopathy Cooking / Mental Wellbeing / IYT (Intense Yoga Training Program) /

Lifestyle Management

To be filled by office

Date of admission:	Maximum date of completion:	Certificate no.:

I do hereby undertake that I shall complete the course within the stipulated period.

Signature